

ALUH, DEBORAH OYINE

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EDUCATION

05/2024	Doctor of Philosophy, Global Public Health Nova University of Lisbon
04 /2024	Postgraduate Diploma , Mental health policy and services Nova University of Lisbon
05/2022	Specialisation in Clinical Pharmacy West African Postgraduate College of Pharmacists
8 / 2018	Master of Clinical Pharmacy & Pharmacy Management University of Nigeria Nsukka
6 / 2013	Bachelor of Pharmacy , University of Nigeria Nsukka

ACADEMIC AND PROFESSIONAL EXPERIENCE

08/24- 07/25	Postdoctoral Researcher Lisbon Institute of Global Mental Health. Portugal
10/24 - 06/25	Senior Lecturer University of Nigeria Nsukka. Nigeria.
09/18 - 09/24	Lecturer University of Nigeria Nsukka. Nigeria
10/17 - 08/18	Assistant Lecturer University of Nigeria Nsukka. Nigeria
12/15 - 10/16	National Service Pharmacist Abia State Specialist Hospital and Diagnostic Centre. Nigeria
10/14 - 09/15	Intern Pharmacist Nnamdi Azikiwe University Teaching Hospital, Nnewi. Nigeria

COURSES TAUGHT

Institution: Nova University of Lisbon, Lisbon Institute of Global Mental Health			
Course Title	Course Code	Level	Sessions Taught
Human Rights, Globalization and Development	Advanced Course 4	Graduate	2024/2025
Deinstitutionalisation and Human Rights	Advanced Course 3	Graduate	2023/2024
Institution: University of Nigeria Nsukka. Faculty of Pharmaceutical Sciences			
Advanced Pathophysiology and Therapeutics	CPM 611	Graduate	2024/2025
Public Health Pharmacy	CPM 671	Graduate	2024/2025
Social & Behavioural Pharmacy	CPM 602	Graduate	2024/2025

Biostatistics and Research Methods	CPM 601/701	Graduate	2024/2025
Histology for Pharmacy Students	CPM 283	Undergraduate	2024/2025
Clinical Clerkship	PHM 582	Undergraduate	2018/2019, 2019/2020
Pharmacotherapeutics	PHM 581	Undergraduate	2018/2019, 2019/2020
Literature Evaluation & Supply Chain	PHM 584	Undergraduate	2018/2019, 2019/2020
Pharmacy Management (Economics)	PHM 361	Undergraduate	2017/2018, 2018/2019, 2019/2020
Pharmacy Administration (Management)	PHM 362	Undergraduate	2018/2019, 2019/2020
Biopharmaceutics	PHM 382	Undergraduate	2018/2019, 2019/2020
Introduction to Pharmacy practice	PHM 282	Undergraduate	2018/2019, 2019/2020
Practical Human Anatomy & Physiology	PHM 286	Undergraduate	2018/2019, 2019/2020

ACADEMIC SUPERVISIONS

Pharm D. degree undergraduate projects

1. Topic: Societal impact and accessibility challenges of blockchain integrated healthcare systems in disadvantaged groups.
Student: Anthony Chidi Okwu (PharmD degree, in view)
2. Topic: Awareness and perception of Euthanasia among staff and students at a Nigerian university.
Student: Ikenna Darlington Okorie (PharmD degree, in view)
3. Topic: Assessing the impacts of childhood trauma on anxiety levels and interpersonal relationships among pharmacy students in the university of Nigeria Nsukka.
Student: Claire Rita Okoli (PharmD degree, in view)
4. Topic: A scoping review of research on the epidemiology and treatment of systemic lupus erythematosus (SLE) in Africa.
Student: Francis Ogu (PharmD degree, in view)
5. Psychosocial factors affecting recurrent vaginal candidiasis among students of University of Nigeria Nsukka.
Student: Chidimma Okafor (PharmD degree, in view)
6. Topic: Peer victimization (bullying) among students of University of Nigeria, Nsukka and its effects on stress, depression and anxiety.
Student: Chioma Okafor (PharmD degree, in view)

B.Pharm. degree undergraduate projects

1. Topic: Prevalence and correlates of burnout among pharmacists in varying areas of practice in Southeast Nigeria. (Published)
Student: Daniel Ifeanyichukwu Agu (B.Pharm. 2020)
2. Topic: Depressive symptoms and health-related quality of life in patients attending government– owned psychiatric clinics in Nigeria. (Published)
Student: Chukwudi Sam-Eze (B.Pharm. 2019)

BOOK CHAPTERS

1. **Aluh DO**, Caldas-de-Almeida JM, Ritcher D, Whittington R. (2024) Coercion in contemporary mental health services: Key concepts, historical development, and contextual factors. In *Coercion and violence in mental health settings*. Springer. ISBN 978-3-031-61223-7.

PEER-REVIEWED PUBLICATIONS

1. Silva M, **Aluh DO**, Lourenço A, Resende B, Agostinho F, Rodrigues JB, Azenha JP, Lopes JR, Ribeiro M, Heitor MJ, Gago J, Cardoso G (2025). Assessing the psychometric properties and validating the Portuguese version of the INSPIRE measure of staff support for personal recovery in Portugal. *BMC Psychiatry*. 1;25(1):636.
2. Nwankwo CU, **Aluh DO**, Ikehi ME, Ifeanyieze FO & Omeje BA (2025). [Health-related quality of life of small-scale farmers in southeastern Nigeria](#), *Cogent Social Sciences*, 11:1, 2516884
3. Aginskaitė S, Pedrosa B, **Aluh DO**.....Grigaitė U. (2025) [Experiences of Women with Disabilities in Lithuania when their Gender, Disability, Domestic Violence, and Mental Health Services Intertwine](#). *Disability and Health* 11:101837.
4. Pedrosa B, Cardoso G, Gonçalves-Pereira M, Grigaitė U, **Aluh DO**, Caldas-de-Almeida J. (2025) [Experiences and expectations of residents and professionals of supported accommodations for people with serious mental disorders in Portugal](#). *Soc Psychiatry Psychiatr Epidemiol*. 60(6):1409-1419.
5. Okoro RN, **Aluh DO**, Aguiyi-Ikeanyi CN. (2025) [A Narrative Review of Menstrual Health Rights in Low- and Middle-Income Countries: Advocating for Supportive Policies and Legal Frameworks](#). *J Health Rep Technol*. 2025;11(1):e147981.
6. Grigaitė U, Santos-Dias M, Pedrosa B, **Aluh DO**, Silva M, Cardoso G, & Caldas-de-Almeida JM. (2025). [Responses to the mental health care needs of survivors of intimate partner violence in Portugal: Perspectives of survivors and mental health professionals](#). *Journal of Mental Health*, 1–10.
7. Aguiyi-Ikeanyi CN, Eze CC, Edordu A, Ugochukwu EJ, **Aluh DO**....Ukwe CV. (2025) [Sexual harassment of undergraduate female pharmacy students in Nigeria; prevalence, experiences, and perception: a cross-sectional study](#). *J APPL RES HIGH EDUC*, Vol. ahead-of-print No. ahead-of-print.
8. Cortes J, **Aluh D**, Fronteira I, et al. (2025) [Sixth wave of global public health progress](#). *One Health*. 14; 20:101015.
9. Belayneh Z, Lee DA, Haines TP, **Aluh DO**, Onu JU, Newton-Howes G, Masters K, Kohn Y, Sin J, Goulet MH, Husum TL, Jelastopulu E, Bakola M, Opgenhaffen T, Gowda GS, Mekuriaw B, De Cuyper K, Muir-Cochrane E, Canteloupe Y, Diviney E, Staggs VS, Petrakis M. (2024) [Co-Designing Case Scenarios and Survey Strategies to Examine the Classification and Reporting of Restrictive Care Practices in Adult Mental Health Inpatient Settings: Perspectives From International Stakeholders](#). *Int J Ment Health Nurs*. 34(1): e13479.
10. **Aluh DO**, Agu DI, Igbokwe WJ, Anunwa IG. (2024) [Public acceptance of coercive measures in Nigerian mental health care](#). *Int J Soc Psychiatry*. 71(3):546-553.
11. **Aluh DO**, Cortes JD. (2024) [Second Victims in Mental Health Care](#). *Journal of Patient Safety*. 1;20(8):e144.
12. **Aluh DO**, Lantta T, Lourenço T, et al. (2024) [Legislation and policy for involuntary mental healthcare across countries in the FOSTREN network: rationale, development of mapping survey and protocol](#). *BJPsych Open*. 10(5): e154. doi:10.1192/bjo.2024.744
13. Pedrosa B, Cardoso G, Azeredo-Lopes S, Gonçalves-Pereira M, **Aluh DO**.....Caldas-de-Almeida (2024). [Supported accommodations for people with serious mental disorders: Care pathways and predictors of age of entry and length of stay](#). *Int J Soc Psychiatry*. 70(7):1254-1266.
14. **Aluh DO**, Diaz-Milanes Diego, Silva Manuela, Pedrosa Barbara, Grigaitė U, Almeida CR, Almeida Mousinho MF, Vieira M, Cardoso G, Caldas-de-Almeida JM (2024). [Coercion in psychiatry: psychometric validation of the Portuguese Staff Attitudes to Coercion Scale \(SACS\)](#). *Discov Ment Health* 4, 27.

15. Grigaitė U, Klidziūtė G, **Aluh DO**, Pedrosa B, Santos-Dias M, Silva M, ... Caldas-de-Almeida JM (2024). [Responding to the needs of survivors of intimate partner violence in Lithuania: perceptions of mental health and social care professionals](#). *Women & Health*, 1–14.
16. Pedrosa B, Cardoso G, Azeredo-Lopes S, Gonçalves-Pereira M, **Aluh DO**,.....Caldas-de-Almeida JM (2024). [Supported Accommodations for People with serious Mental Disorders: Staff's Assessment of Work Challenges and Their Impact during COVID-19](#). *Port J Public Health*. 16;42(3):206-220.
17. **Aluh DO**, Diaz-Milanes D, Azeredo-Lopes S, Barbosa S, Santos-Dias M, Silva M, Grigaitė U, Pedrosa B, Velosa A, Cardoso G, Caldas-de-Almeida JM. (2024) [Coercion in Psychiatry: Exploring the Subjective Experience of Coercion Among Patients in Five Portuguese Psychiatric Departments](#). *J Behav Health Serv Res*. 52(3):505-524.
18. **Aluh DO**, Aigbogun O, Okoro RN.(2024) [Global pharma departure from Nigeria: A threat to public health](#). *The Journal of Medicine Access*. 23;8:27550834241256450.
19. Grigaitė U, Azeredo-Lopes S, Cardoso G, Pedrosa B, **Aluh DO**, Santos-Dias M, et al. (2024) [Mental health conditions and utilisation of mental health services by survivors of physical intimate partner violence in Portugal: Results from the WHO world mental health survey](#). *Psychiatry Res*. 334:115801.
20. Grigaitė U, Azeredo-Lopes S, Žeimė E, Slotkus PY, Heitmayer M, **Aluh DO**, Pedrosa B, Silva M, Santos-Dias M, Cardoso G, Caldas-de-Almeida JM.(2024) [Prevalence and acceptability of psychological and/or economic intimate partner violence, and utilization of mental health services by its survivors in Lithuania](#). *Journal of Public Health*, 29;46(2):e248-e257.
21. **Aluh DO**, Azeredo-Lopes S, Pedrosa B, Silva M, Grigaitė U, Martins AR, de Almeida Mousinho MF, Cardoso G, Caldas-de-Almeida JM. (2024) [Revisiting the psychometric properties of the McArthur Admission Experience Survey \(AES\): Validating the Portuguese version using a Bifactor approach](#). *Heliyon*. 10 (2) E24114.
22. Aigbogun O, **Aluh DO**, Okoro RN et al. (2024). [Cross-sectional survey data on the socio-demographic characteristics associated with substance use among internal displaced persons in Maiduguri, Nigeria](#). *Data in Brief* 52. 109875
23. Whittington R, **Aluh DO**, Caldas-de-Almeida JM (2023). [Zero Tolerance for Coercion? Historical, Cultural and Organisational Contexts for Effective Implementation of Coercion-Free Mental Health Services around the World](#). *Healthcare (Basel)*. 27;11(21):2834.
24. Isah A, Aguiyi-Ikeanyi CN, Ekwuofu CAA, **Aluh DO**, Ukoha-Kalu BO, Adibe MO, Ukwé CV, & Abdullahi AS. (2023). [Healthcare professionals' perceived stigmatization about direct care of COVID-19 Patients: development and validation of the discrimination about COVID-19 \(DisCOV-19\) instrument](#). *African Health Sciences*, 23(4), 75–84. <https://doi.org/10.4314/AHS.V23I4.11>
25. **Aluh DO**, Santos-Dias M, Silva M, Pedrosa B, Grigaitė U, Silva RC, de Almeida Mousinho MF, Antunes JP, Remelhe M, Cardoso G, Caldas-de-Almeida JM.(2023) [Contextual factors influencing the use of coercive measures in Portuguese mental health care](#). *Int J Law Psychiatry*. 90:101918.
26. **Aluh DO**, Aigbogun O, Ukoha-Kalu BO, Silva M, Grigaitė U, Pedrosa B, Santos-Dias M, Cardoso G, Caldas-de-Almeida JM.(2023) [Beyond Patient Characteristics: A Narrative Review of Contextual Factors Influencing Involuntary Admissions in Mental Health Care](#). *Healthcare (Basel)*. 9;11(14):1986.
27. Onu JU, **Aluh DO**, Ononiwu CN. (2023) [Psychosocial aspects of Noma \(Cancrum Oris\) in sub-Saharan Africa: A scoping review](#). *Trop Doct*. 53(4):470-474.
28. **Aluh DO**, Okoro RN & Aigbogun O (2023). [Correlates of substance use and dependence among internally displaced persons in Maiduguri, Nigeria](#). *Journal of Substance Use*. 29(4), 610–616.

29. **Aluh DO**, Onu JU, Caldas-de-Almeida JM. (2023) [A new era for mental health care in Nigeria](#). The Lancet Psychiatry. 10(5):310-311.
30. **Aluh DO**, Ayilara O, Onu JU, Pedrosa B, Silva M, Grigaitė U, Dias M, Cardoso G, Caldas-de-Almeida JM. (2023) [Use of coercion in mental healthcare services in Nigeria: Service providers' perspective](#). Journal of Mental Health. Feb:1-9.
31. **Aluh DO**, Onu JU, Ayilara O, Pedrosa B, Silva M, Grigaitė U, Dias M, Cardoso G, Caldas-de-Almeida JM. (2023) [A qualitative integrative analysis of service users' and service providers' perspectives on ways to reduce coercion in mental health care](#). Soc Psychiatry Psychiatr Epidemiol. 58(9):1353-1363.
32. Mosanya AU, **Aluh DO**, Anosike C, Akunne MO, Anene-Okeke CG, Isah A (2023). [Predictors of fertility awareness among selected married women of childbearing age in Nigeria: a cross-sectional survey](#). Afri Health Sci. 2023;23(3): 79-89.
33. Sterie A-C, Potthoff S, Erdmann A, Burner-Fritsch IS, **Aluh DO**, & Schneiders ML (2023). [Dimensions of Researcher Vulnerability in Qualitative Health Research and Recommendations for Future Practice](#). International Journal of Qualitative Methods, 22.
34. **Aluh DO**, Ayilara O, Onu JU, Grigaitė U, Pedrosa B, Santos-Dias M, Cardoso G, Caldas-de-Almeida JM (2022). [Experiences and perceptions of coercive practices in mental health care among service users in Nigeria: a qualitative study](#). Int J Ment Health Syst. 2022 Nov 23;16(1):54.
35. **Aluh DO**, Onu JU, Caldas-de-Almeida JM. (2022) [Nigeria's mental health and substance abuse bill 2019: Analysis of its compliance with the United Nations convention on the rights of persons with disabilities](#). Int J Law Psychiatry. Jul-Aug; 83:101817.
36. **Aluh DO**, Aigbogun O. & Anyachebelu OC. (2022) [Depression Among Immigrant Nigerians in Canada](#). J Immigrant Minority Health. J Immigr Minor Health. 25(2):315-323.
37. **Aluh DO**, Azeredo-Lopes S, Cardoso G, Pedrosa B, Grigaitė U, Dias M, Xavier M, Caldas-de-Almeida JM (2022). [Social anxiety disorder and childhood adversities in Portugal: Findings from the WHO world mental health survey initiative](#). Psychiatry Res. 2022 Sep; 315:114734
38. Pedrosa B, Cardoso G, Azeredo-Lopes S, **Aluh DO**, Grigaitė U, Dias M, Silva M, Caldas de Almeida J. (2022) [Experiences of care perceived by users of supported accommodations for people with serious mental disorders: Can they impact quality of life?](#) Int J Soc Psychiatry. 2022 Oct 27:207640221127928.
39. **Aluh DO**, Agu DI, Isah A, & Anene-Okeke GC (2022). [Prevalence and correlates of burnout among pharmacists in varying areas of practice in Southeast Nigeria](#). The Nigerian Journal of Pharmacy, 56(1), 56–64.
40. **Aluh DO**, Adibe MO, Abba A, Sam-Eze CE and Isah A. (2022). [Depressive symptoms and health-related quality of life in patients attending government – owned psychiatric clinics in Nigeria](#). Mental Health and Social Inclusion, Vol. 26 No. 1, pp. 47-55.
41. **Aluh DO**, Amorha KC, Anthony-Awi TA (2022). [The effect of classroom lectures and a movie recommendation on pharmacy students' attitudes and social distancing toward people with schizophrenia](#). The Mental Health Clinician. 12(1):23-31
42. David J, **Aluh DO**, Blonner M, Norberg MM (2021). [Excessive Object Attachment in Hoarding Disorder: Examining the Role of Interpersonal Functioning](#). Behav Ther. 2021 Sep;52(5):1226-1236.
43. Onu J, Orji S, **Aluh DO**, Onyeka T (2021). [Aftermath of COVID-19: Forestalling Irreparable Medical Brain Drain in Sub-Saharan Africa](#). J. Health Care Poor Underserved. 32(4):1742-1751.

44. **Aluh DO**, Mosanya AU, Onuoha CL, Anosike C, & Onuigbo EB (2021). [An assessment of anxiety towards COVID-19 among Nigerian general population using the Fear of COVID-19 scale.](#) Psychiatry.1:36-4
45. **Aluh DO**, Adibe MO (2021) [It is Time to Demystify Research and Publishing in Africa's Undergraduate Pharmacy Education.](#) Strides Dev Med Educ;18(1):e1052.
46. **Aluh DO**, Anyachebelu OC, & Isah A (2020). [Depression literacy among people living with HIV/AIDS in a Nigerian tertiary hospital.](#) HIV AIDS Rev. 20 (2), 121-126 (0.16)
47. Isah A, Adibe MO, Ukwé CV, Okonta JM, Ubaka CM, **Aluh DO**, Isah A, Ma'aji HU. (2021). [Cost-benefit analysis of prevention of mother-to-child transmission of HIV services: a contingent valuation study of patients' preferences from clinical pharmacists' perspective.](#) Journal of Pharmaceutical Health Services Research, 12(1), 18–23.
48. Ayogu EE, **Aluh DO**, & Igboeli NU (2022). [Self-medication with antibiotics and anti-malarial drugs among rural dwellers in Enugu State, Nigeria.](#) The Nigerian Journal of Pharmacy, 55(1), 6–12.
49. **Aluh DO** & Onu JU (2020). [The need for psychosocial support amidst Covid-19 crises in Nigeria.](#) Psychol Trauma. 12 (5):557
50. **Aluh DO**, & Norberg MM (2020). [Community pharmacists as a resource in task-shifted interventions for depression.](#) The Lancet psychiatry. 7(5): e24.
51. Anene-Okeke CG, Anosike C, **Aluh DO**, & Odo LE (2020). [Secondary school students' knowledge, attitude, and practices towards epilepsy in Nsukka City, Enugu State.](#) Epilepsy Behav. 112:107441.
52. **Aluh DO**, Abba A, & Afosi AB (2020). [Prevalence and correlates of depression, anxiety and stress among undergraduate pharmacy students in Nigeria.](#) Pharm. Educ. 20:236-248
53. **Aluh DO**, Anyachebelu CI, & Ajaraonye CI (2020). [Comparison of pharmacists' mental health literacy: Developed versus developing countries.](#) J Am Pharm Assoc. 60(5S): S64-S72.
54. Isah A, **Aluh DO**, Abba A, Ogbonna CP, Okpara ME, Abdullahi SA, Igboeli NU, Adibe MO, Nworu CS (2020). [Impact of the COVID-19 national lockdown on pharmacy students' productivity and their coping strategies in a developing country: An online survey in Nigerian universities.](#) Pharm Educ. 20(2): p. 249 – 259.
55. Anosike C, **Aluh DO**, Onome OB (2020). [Social Distance Towards Mental Illness Among Undergraduate Pharmacy Students in a Nigerian University.](#) East Asian Arch Psychiatry. 30(2):57-62.
56. **Aluh DO**, Okonta M and Odili V (2020). [A comparative study of depression literacy between pharmacy and non-pharmacy students of a Nigerian university.](#) The Journal of Mental Health Training, Education and Practice, Vol. 15 No. 2, pp. 114-124.
57. Amorha KC, Anyanwu EC, Ayogu EE, **Aluh DO** (2020). [Evaluation Of Drug Therapy Problems Among Hypertensive Patients in a Nigerian Secondary Healthcare Centre.](#) Nigerian Journal of Pharmacy;54(2):39-49.
58. Okoro RN, **Aluh DO**, Biambo AA, Hedima EW, & Oluigbo KE (2020). [The impact of COVID-19 on pharmacy education: Perspectives of Nigerian undergraduate pharmacy students.](#) Pharmacy Education, 20(2), p. 242 – 248.
59. **Aluh DO**, Okoro RN, Zimboh A (2019). [The prevalence of depression and post-traumatic stress disorder among internally displaced persons in Maiduguri, Nigeria.](#) J. Public Ment. Health. 19 (2): 159–168.
60. **Aluh DO**, Okonta MJ, & Odili VU (2019). [Cross-sectional survey of mental health literacy among undergraduate students of the University of Nigeria.](#) BMJ Open 9: e028913

61. **Aluh DO**, Nworie KM, & Aluh FO (2019). [Food safety knowledge and self-reported practices among adolescents in rural secondary schools in Nigeria](#). Int J Adolesc Med Health. Jul 26;33(5).
62. Isah A, Adibe MO, Anosike C, **Aluh DO**, Onyekwelu P, Okonta JM, & Ukwé CV (2019). [Willingness-to-Accept and Willingness-to-Pay Ratios of Prevention of Mother-to-Child Transmission Services in a Nigerian Hospital: A Cross-sectional Contingent Valuation Study](#). Value in health regional issues 19, 112-121
63. **Aluh DO**, Adibe MO, & Ekwuofu AA (2019). [The effect of classroom lectures on student pharmacists' knowledge, attitude and practice of breast self-examination](#). Pharmacy Education, 19(1), p 348–352.
64. Amorha KC, Madueke JS, **Aluh DO**, Okonta JM, Ukwé CV (2019). [Hospital pharmacists' roles in promoting asthma self-management: a cross-sectional study in a Nigerian tertiary Hospital](#). West African Journal of Pharmacy: 30 (1) 22 – 34
65. **Aluh DO**, Chukwuobasi T, Mosanya AU (2019). [A Cross-Sectional Survey of Social Media Anxiety among Students of University of Nigeria](#). Journal of Mental Health and Human Behaviour 24(1): 51-56.
66. Adibe MO, **Aluh DO**, Ma'aji HU (2019). [Anticancer drugs utilization for initiation phase of breast and cervical cancers chemotherapies in a Nigerian tertiary hospital](#). J Appl Pharm Sci. 9(03):111–116.
67. **Aluh DO**, Anyachebelu OC, Anosike C, Anizoba EL (2018). [Mental health literacy: what do Nigerian adolescents know about depression?](#) Int J Ment Health Syst.16; 12:8.
68. Anene-okeke CG, Isah A, **Aluh DO**, Ezeme AL. (2018) [Knowledge and practice of malaria prevention and management among non-medical students of University of Nigeria Nsukka](#). Int J Community Med Public Health, 5:461-465
69. **Aluh DO**, Dim OF, & Anene-Okeke CG (2018). [Mental Health Literacy among Nigerian teachers](#). Asia-Pacific Psychiatry 10(4), e12329
70. **Aluh DO**, Anyachebelu OC, Azubuike EA, Abdulmuminu I (2018). [Knowledge, attitudes and perception of prostate cancer](#) among male outpatients of a tertiary hospital in south-east Nigeria. J App Pharm Sci, 8(11): 064–068.
71. Adibe MO, Igboeli NU, **Aluh DO** (2018). [Knowledge, Attitude and Perception of Breast Cancer among Female Staff of Nigerian University](#). J Basic Clin Pharma 9:09-013.
72. Nworie KM, **Aluh DO** (2018). [Determinants of Diarrhea and Optimal childcare among Under-five children in Nigeria: Insights from the 2013 demographic and health survey](#). Fam Med Med Sci Res 7 (229), 2.
73. Nworie KM, **Aluh DO**, Onyekwum CA (2018). [Assessment of premenstrual syndrome among female students in Southeast Nigeria](#). Journal of Obstetrics and Gynecological Investigations. e56
74. Nworie KM, **Aluh DO**, Adimegwu J & Dim O (2018). [Efficacy and safety of meropenem in the treatment of antimicrobial-resistant post-operative chest infections: a case series](#). Archives of Medical Science – Aging, 1(1), pp.3-7.
75. Adibe MO & **Aluh DO** (2017). [Awareness, Knowledge and Attitudes towards Cervical Cancer Amongst HIV-Positive Women Receiving care in a Tertiary Hospital in Nigeria](#). J Canc Educ. Dec;33(6):1189-1194.
76. Adibe MO, **Aluh DO**, Isah A, Anosike C (2017). [Knowledge, Attitudes and Perceptions of Prostate cancer among Male staff of the University of Nigeria](#). Asian Pac J Cancer Prev. 18: 1961-66

Global Burden of Disease Contributions

1. Nhassengo S, Laflamme L, Sengoelge M; GBD 2019 SSA Collaborators (2025). Child Interpersonal Violence. [Trends and demographic differences in interpersonal violence against children in sub-Saharan Africa: findings from the 1990-2019 Global Burden of Disease Study](#). BMJ Open. 28;15(4):e083070. doi: 10.1136/bmjopen-2023-083070.
2. GBD 2021 Risk Factors Collaborators*. (2025) [Changing life expectancy in European countries 1990–2021: a subanalysis of causes and risk factors from the Global Burden of Disease Study 2021](#). Lancet Public Health. Ahead of print.
3. GBD 2021 Risk Factors Collaborators. (2024) [Global burden and strength of evidence for 88 risk factors in 204 countries and 811 subnational locations, 1990-2021: a systematic analysis for the Global Burden of Disease Study 2021](#). Lancet. 403(10440):2162-2203. DOI: 10.1016/s0140-6736(24)00933-4.
4. GBD 2021 Forecasting Collaborators. (2024) [Burden of disease scenarios for 204 countries and territories, 2022–2050: a forecasting analysis for the Global Burden of Disease Study 2021](#). Lancet. 403(10440) [10.1016/s0140-6736(24)00685-8].
5. GBD 2021 Causes of Death Collaborators*. (2024) [Global burden of 288 causes of death and life expectancy decomposition in 204 countries and territories and 811 subnational locations, 1990–2021: a systematic analysis for the Global Burden of Disease Study 2021](#). Lancet; online first
6. GBD 2021 Fertility and Forecasting Collaborators*. (2024) [Global fertility in 204 countries and territories, 1950–2021, with forecasts to 2100: a comprehensive demographic analysis for the Global Burden of Disease Study 2021](#). Lancet. online first

CONFERENCE PRESENTATIONS

1. **Aluh DO**. (April 2025) Reducing Coercion in Mental Health Care: Contextual Insights from Nigeria and Portugal. Oral presentation at the 1st Minoritised Life Scientists Future Forum (MLSFF). Birmingham, UK.
2. **Aluh DO**, Cardoso G, Pedrosa B, Grigaite U, Silva M, Caldas-de-Almeida JM. (July 2024) Artificial intelligence for reducing involuntary admissions: Opportunities and challenges. Poster presentation at 5th Conference of the European Network for Mental Health Services Evaluation (ENMESH). Versailles, France.
3. **Aluh DO**, Lantta T., Boukje E., Whittington R. (September 2022) COST network FOSTREN: Fostering and Strengthening Approaches to Reducing Coercion in European Mental Health Services. Poster presented at the 10th European Conference on Mental Health. Lisbon, Portugal
4. **Aluh DO** & Caldas-de-Almeida JM (October 2022). Ethical issues in co-creating research on coercion. Poster presented at 12th European Congress on Violence in Clinical Psychiatry. Rotterdam, Netherlands.
5. **Aluh DO**. (November 2021) An evaluation of spatial accessibility to mental health services in Porto, Portugal. Poster presented at 14th European Public Health (EPH) Conference. Virtual.
6. **Aluh DO** & Anyachebelu OC. (October 2020) Emerging roles for Pharmacists in Mental health care: Assessing mental health literacy among pharmacists in Nigeria. Rapid fire presentation at the 7th FIP Pharmaceutical Sciences World Congress (PSWC 2020) Virtual.

7. **Aluh DO**, Isah A. (December 2020) Depression literacy among people living with HIV/AIDS in a Nigerian tertiary hospital. Poster presented at the 14th International Conference on HIV Treatment, Pathogenesis and Prevention Research in Resource-Limited Settings INTEREST 2020. Virtual.
8. **Aluh DO**, Adibe MO, Abba A, Sam-Eze CE and Isah A. (August 2020) Association between depressive symptoms and health-related quality of life of patients attending psychiatric clinics in Enugu state, Nigeria. Poster presented at the 18th Annual National Scientific Conference of the Nigeria Association of Pharmacists in Academia on purposeful pharmaceutical research and national development. Virtual.
9. **Aluh DO**, Okonta MJ, & Odili VU. (August 2019) Mental health literacy among Pharmacy and Non-Pharmacy students at a Nigerian University. Poster presented at 17th National Scientific Conference of Nigeria Association of Pharmacists in Academia on Innovative disruption in pharmaceutical teaching and research. Abuja, Nigeria.
10. **Aluh DO** & Anyachebelu OC. (July 2019) Nigerian pharmacists' compliance to practice regulations and good professional practice. Poster presented at the 1st International Conference on Biologics Research and Development. Nsukka, Nigeria
11. **Aluh DO**, Adibe MO, Ekwuofu AA, Isah A. (August 2018) The effect of classroom lectures on knowledge, attitude and practice of breast self-examination among Pharmacy students in University of Nigeria Nsukka. Poster presented at the 16th Annual National Conference and Scientific Meeting of the Nigeria Association of Pharmacists in Academia on Sustainable Access to Quality Assured Medicines and National Security. Abuja, Nigeria.
12. **Aluh DO**, Ezike AC, Anene-Okeke CG, Ekwuofu AA. (June 2018) An evaluation of membrane stabilization properties of *Leptadenia hastata*. Poster presented at the 9th Sub-Regional Scientific Meeting of Western Africa Network of Natural Product Research Scientists. Nsukka, Nigeria
13. **Aluh DO**, Anosike C, Agbodike K, Ukoha-kalu BO, Aluh FO. (November 2017). An exploration of risk factors for metabolic syndrome among Traders in Nnewi Nigeria. Oral presentation at the 3rd Annual International Conference of the Faculty of Science, Northwest University. Kano, Nigeria.

INVITED TALKS

1. Coercion in mental health care. (May 2025) Jornadas Hospitalares De Saúde Mental. Madeira, Portugal.
2. What Can Be Done to End Coercion in Mental Healthcare? From nightmare to quality care. (October 2024) 9th Edition of Estoril conferences. Estoril, Portugal.
3. Clinical Pharmacists Association of Nigeria, Enugu (July 2024): Exploring the role of pharmacists in improving mental health care in Nigeria. Virtual.
4. Holmen conference (May 2024): Global Perspectives of Coercion in Mental Health Care: Insights from Nigeria. Asker, Norway.

HONORS & AWARDS

2024	João Monjardino Prize 2023 - Mental Health: Clinical and Service Research
2023	La Caixa Thesis Completion Award

2023	La Caixa Shoot your PhD 3-Minutes thesis Award
2023	Winner, TEDx NOVA Students contest
2020	Commonwealth doctoral scholarship (Not taken up)
2020	La Caixa doctoral fellowships INPhINIT 2020
2020	Pharmaceutical Sciences World Congress Travel scholarship
2020	Association of Commonwealth Universities (ACU) Early Career Conference Grant
2019	Soapbox science speaker. Lagos, Nigeria.
2016	NYSC Chairman's Award for distinguished service to the Nation
2014	Dean's prize for the Best graduating student, Faculty of Pharmaceutical Sciences
2014	Vice Chancellor's prize for the Best graduating student, Faculty of Pharmaceutical Sciences
2014	Pharmacists Council of Nigeria Award for the Best graduating pharmacy student

TRAINING AND CERTIFICATIONS

2025-2026	Utilizing Mathematical Modelling to Tackle Depression and Related Mental Illnesses Among Adolescent Girls and Young Women in Sub-Saharan Africa (WEALTH)
2025-2026	Grantsmanship training CTAIR Scholar program, IVAN Research Institute
2025	3 rd Edition of The Interdisciplinary School for Environmental Crisis (ISEC-3) ARISTEiA. Euboea, Greece.
2024	Unlocking knowledge, experience, and good practice in inclusive mentoring Making Early Career Investigators' Voices Heard for Gender Equality (VOICES). Bilbao, Spain
2023	Women in Research Grant Writing Programme Africa Research Excellence Fund (AREF)
2023	Second victim phenomenon and support strategies for healthcare workers The European Researchers' Network Working on Second Victims. Wiesbaden, Germany.
2022	Mixed Methods Integrating quantitative and qualitative Methods CHRC Education & Training. Lisbon, Portugal
2022	Risk Management Strategies and Interactions in Mental Health Care, preventing coercion. FOSTREN-EViPRG Training School. Groningen, Netherlands
2022	International Spring School on Research Ethics in Qualitative Health Research Institute for Medical Ethics and History of Medicine Ruhr University Bochum
2021	Risk factors for coercion in mental health services The FOSTREN-EViPRG Training School 2021. Middelfart, Denmark.

2020	Mental Health Research Methodology Workshop WHO Collaborating Centre for Research and Training in Mental Health, Neurosciences and Substance Abuse, Ibadan, Nigeria.
2020	Mental health, human rights and recovery training World Health Organisation.
2019	Certified Supply Chain Analyst training International Supply Chain Education Alliance (ISCEA). Abuja, Nigeria

MEDIA ENGAGEMENT

2024	“In Portugal, many psychiatric patients are still forced to wear pajamas all day; rules like this dehumanize people” , <i>Expresso</i>
2023	“Nobody should be treated as an animal”: The dark realities of patients in Nigerian psychiatric hospitals , <i>International Centre for Investigative Reporting</i>
2022	Nigerian researcher studies coercion in mental health , <i>SIC News</i>
2021	Perceiving coercion in mental health services , <i>Publico</i>
2021	Mental health: ending coercive practices in the SNS , <i>Observador</i>

PROFESSIONAL SERVICE

2024 - Date	Associate Editor: International Journal of Mental Health Systems, BMC Springer Nature.
2018 - Date	Adhoc Peer reviewer for BMJ Mental Health, Global mental health: Cambridge prisms, International Journal of Qualitative Methods
2021-2023	Co-lead, Glossary task force, EU COST ACTION: Fostering and Strengthening Approaches to Reducing Coercion in European Mental Health Services (FOSTREN)
2018-2020	Scholarship committee member, Faculty of Pharmaceutical sciences, University of Nigeria Nsukka
2019-2020	Exam committee member, Clinical pharmacy & Pharmacy management Department, University of Nigeria Nsukka
2017-2020	Welfare officer, Clinical pharmacy & Pharmacy management Department, University of Nigeria Nsukka

PROFESSIONAL MEMBERSHIPS

2025 - Date	Associate member, Royal Society for Public Health
2023 - Date	Senior collaborator, Global Burden of Disease (GBD) Collaborator Network
2022 - Date	Member, European Violence in Psychiatry Research Group (EViPRG)

2021 - 2024	Member, Fostering and Strengthening Approaches to Reducing Coercion in European Mental Health Services (FOSTREN)
2018 - Date	Member, International Association of Youth Mental Health (IAYMH)
2018 - Date	Member, Organization for Women in Science for the Developing World (OWSD)
2017 - Date	Member, Nigeria Association of Pharmacists in Academia (NAPA)

Lisbon, 01/08/2025.